



**Grains &  
Legumes  
Nutrition  
Council**

*Cultivating Good Health*

## **Grains & Legumes Nutrition Council**

### **Submission**

#### **A1142 – Addition of a prescribed method of analysis for Resistant Starch**

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#### **Contact**

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This submission has been prepared by Grains & Legumes Nutrition Council™ (GLNC), the independent authority on the nutrition and health benefits of grains and legumes. The primary objective of GLNC is to link the Australian grains and legumes industry value chain from grain growers to food manufacturers, providing scientifically-based evidence about the role of grains and legumes in nutrition and health, to develop resources to support health promotion and education.

GLNC members are:

- Australian Grains Innovation Centre
- Bakers Delight
- George Weston Foods Baking Division
- Goodman Fielder
- Kellogg Australia
- Nestle / Cereal Partners Worldwide
- Sanitarium Health and Wellbeing Company
- Simplot Australia
- Ward McKenzie
- The Healthy Grain

Associates:

- Australian Food & Grocery Council
- Pulse Australia
- Australian Breakfast Cereal Manufacturers Forum

The Grains & Legumes Nutrition Council (GLNC) appreciates the opportunity to respond to the Proposal A1142 Addition of a prescribed method of analysis for Resistant Starch.

GLNC supports the proposed variation to the Code whereby if resistant starch were to be declared as a specific dietary fibre, that the most reliable and internationally recognised method of analysis be used to quantify information for the nutrition information panel on the food label.

GLNC supports measures that benefit consumers' understanding of the food supply. Consumers would benefit from information about resistant starch as a dietary fibre, and more accurate information about the dietary fibre content of a food containing resistant starch.

GLNC recognises that the AOAC 2002.02 is the only method of analysis for resistant starch in the Codex list of recommended methods and is used internationally.